

# CONFIDENTIAL HEALTH INFORMATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Pat. # \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email \_\_\_\_\_ Cell Phone (&carrier) \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer's Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Marital Status (circle): Married Single Divorced Widowed Separated Spouse's Name \_\_\_\_\_ Spouse Ph.# \_\_\_\_\_  
Your Age \_\_\_\_\_ Gender (circle): Male Female # Children \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_  
How did you hear about us — or whom may we thank for referring you? \_\_\_\_\_  
Have you seen a chiropractor before — if so, When? \_\_\_\_\_ If so, Who? \_\_\_\_\_  
Primary Care Provider \_\_\_\_\_ Preferred Contact Method:  Home  Cell  Work  Email

## Primary Complaint/Present Health Condition

### PRIMARY COMPLAINT

The primary symptom that prompted me to seek care today is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### And are the result of (darken circle):

- An accident or injury  
 Work  Auto  Other \_\_\_\_\_  
\_\_\_\_\_

**Onset** ( When did you first notice your current symptoms?) \_\_\_\_\_

**Prior interventions** (What have you done to relieve the symptoms?)

- Prescription Meds  Acupuncture  
 Over-the-counter  Chiropractic  
 Homeopathic  Massage  
 Physical therapy  Ice  
 Surgery  Heat  
 Other \_\_\_\_\_

#### Intensity of pain (circle number)

1—2—3—4—5—6—7—8—9—10

#### Duration (How often do you feel it?)

- Consistent  Frequent  Occasional

#### Quality of Symptoms: (Circle ALL that apply)

Numbness Aching Burning Tingling Radiates  
Shooting Stiffness Dull Sharp Stabbing  
Other \_\_\_\_\_

**Aggravates:** \_\_\_\_\_

**Helps:** \_\_\_\_\_

### SECONDARY COMPLAINT

The primary symptom that prompted me to seek care today is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### And are the result of (darken circle):

- An accident or injury  
 Work  Auto  Other \_\_\_\_\_  
\_\_\_\_\_

**Onset** ( When did you first notice your current symptoms?) \_\_\_\_\_

**Prior interventions** (What have you done to relieve the symptoms?)

- Prescription Meds  Acupuncture  
 Over-the-counter  Chiropractic  
 Homeopathic  Massage  
 Physical therapy  Ice  
 Surgery  Heat  
 Other \_\_\_\_\_

#### Intensity of pain (circle number)

1—2—3—4—5—6—7—8—9—10

#### Duration (How often do you feel it?)

- Consistent  Frequent  Occasional

#### Quality of Symptoms: (Circle ALL that apply)

Numbness Aching Burning Tingling Radiates  
Shooting Stiffness Dull Sharp Stabbing  
Other \_\_\_\_\_

**Aggravates:** \_\_\_\_\_

**Helps:** \_\_\_\_\_

### ADDITIONAL COMPLAINT

The primary symptom that prompted me to seek care today is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### And are the result of (darken circle):

- An accident or injury  
 Work  Auto  Other \_\_\_\_\_  
\_\_\_\_\_

**Onset** ( When did you first notice your current symptoms?) \_\_\_\_\_

**Prior interventions** (What have you done to relieve the symptoms?)

- Prescription Meds  Acupuncture  
 Over-the-counter  Chiropractic  
 Homeopathic  Massage  
 Physical therapy  Ice  
 Surgery  Heat  
 Other \_\_\_\_\_

#### Intensity of pain (circle number)

1—2—3—4—5—6—7—8—9—10

#### Duration (How often do you feel it?)

- Consistent  Frequent  Occasional

#### Quality of Symptoms: (Circle ALL that apply)

Numbness Aching Burning Tingling Radiates  
Shooting Stiffness Dull Sharp Stabbing  
Other \_\_\_\_\_

**Aggravates:** \_\_\_\_\_

**Helps:** \_\_\_\_\_

# Supplemental Health History

Have you had similar health problems or injuries before: Yes  No  Explain: \_\_\_\_\_

During the last year, has a doctor treated you for any health problem? Yes  No

If yes, please explain: \_\_\_\_\_

Have you ever seen a Chiropractor before – what did you see him or her for – and what was your experience? \_\_\_\_\_

Please check the prescription drugs you are currently taking:  Anti-depressants  Anti-Inflammatory

Birth Control Pills  Blood Pressure Medication  Diet Pills  Blood Sugar Medication

Muscle Relaxers  Insulin  Pain Pills  Sleeping Pills

Other (please list): \_\_\_\_\_

Please check the over the counter drugs you are using and how much your take:

Aspirin: \_\_\_\_\_  Tylenol: \_\_\_\_\_  Motrin: \_\_\_\_\_  Aleve: \_\_\_\_\_

Advil: \_\_\_\_\_  Other: \_\_\_\_\_

List the approximate dates of any accidents, operations, illnesses, or serious injuries (including broken bones) you have had: \_\_\_\_\_

List any vitamins or nutritional supplements you have taken recently or currently taking: \_\_\_\_\_

Do you smoke?  Yes  No If yes, how many packs/daily: \_\_\_\_\_

Do you drink?  Yes  No If yes, how many drinks/week: \_\_\_\_\_

Do you exercise regularly? Yes / No If yes, describe what type and how often: \_\_\_\_\_

# Financial Responsibility

Who is responsible for your bill?  Insurance  My Employer  Spouse  I am

Other

Type of Insurance:  Automobile  Health  Worker's Comp

Insurance Company's Name, Address and Phone #: \_\_\_\_\_

Your fees are due and payable at the time services are received, unless other arrangements have been made in advance. X-rays remain property of this clinic, but may be signed out.

I, the undersigned, hereby give permission for examination & treatment.

Patient's (Guardian) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Activities of Daily Living — How does this condition currently interfere with your life and ability to function?**

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Sitting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rising out of chair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grocery shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lifting objects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reaching overhead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Showering or bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Love life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting to sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yard Work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Career/Job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What is the major stressor in your life? \_\_\_\_\_ How much sleep do you average per night? \_\_\_\_\_ Hours  
What would be the most significant thing that you could do to improve your health? \_\_\_\_\_

**Acknowledgements:** To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initial Ea. I instruct Dr. Roffler to deliver the care that, in his professional judgment, can best help me in the restoration of my health. Chiropractic is designed to reduce or correct vertebral subluxations. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.  
\_\_\_\_\_

I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.  
\_\_\_\_\_

I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (MM/DD/YYYY) \_\_\_\_\_  
\_\_\_\_\_

I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.  
\_\_\_\_\_

I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.  
\_\_\_\_\_

To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern(s).  
\_\_\_\_\_

I choose to decline receipt of my clinical summary after every visit (These summaries are often blank as a result of the nature and frequency of chiropractic care).  
\_\_\_\_\_

\_\_\_\_\_  
Patient (or Guardian) Signature

\_\_\_\_\_  
Date (MM/DD/YYYY)

\_\_\_\_\_  
Doctor Initial