



# Winter Park Spine & Injury, 5502 Lake Howell Rd., W.P., 32792

## Non-Surgical Spinal Decompression (NSSD) Patient Information Form (Please Print)

This is an application to Dr. Roffler's Core Pain Relief Program; this is NOT a guarantee of acceptance. Dr. Roffler will be assessing your case and analyzing it for 5 criteria which he will review with you. This Program is only for patients with severe or chronic back or neck pain, herniated discs, bulging discs, stenosis, and sciatica. Dr. Roffler ONLY works with patients who are tired of, or who don't want to take medications, those who want an alternative to dangerous injections or invasive surgeries.

Name \_\_\_\_\_ Today's date \_\_\_\_\_  
Last First Middle Initial

Street or Mailing Address: \_\_\_\_\_ Apt# \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ SS# \_\_\_\_\_

Phones: H: (\_\_\_\_) \_\_\_\_\_ W: (\_\_\_\_) \_\_\_\_\_ Ext: \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ M F Marital: Married Single Widowed Divorced Number of children: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Type of work activities: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Spouse's work phone : (\_\_\_\_) \_\_\_\_\_ Ext. \_\_\_\_\_

Spouse's Employer: \_\_\_\_\_ Spouse's Occupation: \_\_\_\_\_

Patient's Nearest Relative (other than spouse): \_\_\_\_\_ Relation: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

How did you hear about Winter Park Spine & Injury and or Dr. Roffler? \_\_\_\_\_

**FEMALE:** Are you pregnant? YES / NO

I consent to allow Dr. Roffler to speak with me and perform an examination & x-rays (if necessary) in order to determine if I am a good candidate for non-surgical spinal decompression and also to determine if he is willing to accept my case.

(Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

In a reference to the severity how would you rate your pain on a scale of 1 – 10 (With 10 most severe) \_\_\_\_\_.

On a scale of 1 – 10, how committed are you to getting rid of your pain? (With 10 most committed) \_\_\_\_\_.

How do you view your Problem (circle one)....

- MINIMAL (Annoying but causing NO limitation)
- SLIGHT (Tolerable but causing a little limitation)
- MODERATE (Sometimes tolerable but definitely causing limitation)
- SEVERE (Causing significant limitations)
- EXTREME (Causing near constant (>80% of the time) limitations)

What percentage of time are you aware of your main problem?

- OCCASIONALLY (25% of the time)
- INTERMITTENTLY (50% of the time)
- FREQUENTLY (75% of the time)
- CONSTANT (90 – 100% of the time)

1. What is your main reason/primary symptom prompting your request for a consultation with Dr. Roffler? \_\_\_\_\_

2. What are you hoping happens today as a result of the Dr. Roffler spending time with you? \_\_\_\_\_

3. Since your Primary symptom became this severe what three things has it caused you to miss the most? \_\_\_\_\_

4. What changes/modifications have you had to make and how has your lifestyle changed since your back/neck problems? \_\_\_\_\_

5. What actions or activities do you have troubles with or have limitations in? \_\_\_\_\_
6. Mechanism of Trauma (how did initial injury occur) \_\_\_\_\_
7. Location/Radiation (down leg/arm): \_\_\_\_\_
8. Duration: Sudden / Gradual / Insidious (circle one)    Onset (date) \_\_\_\_\_ Length of time you have had it? \_\_\_\_\_
9. Quality: Aching/ Burning/ Cramping/ Tingling/ Dull/ Numbness/ Sharp/ Stabbing/ Shooting/ Squeezing/ Tearing/ Throbbing/ Spasm/  
Can't Describe / Other (please circle) \_\_\_\_\_

**10. Have you received any of the following treatments?**

- Surgeries (back/neck)    How Many \_\_\_\_\_    Approx. Date \_\_\_\_\_
- Injections:    How Many \_\_\_\_\_    Approx. Date \_\_\_\_\_    How Long \_\_\_\_\_
- Drugs/Pharmaceuticals: How Many \_\_\_\_\_    Approx. Date \_\_\_\_\_    How Long \_\_\_\_\_
- Physical Therapy:    # Times \_\_\_\_\_    Approx Date \_\_\_\_\_    How Long \_\_\_\_\_

11. Did any of these treatments seem to work in helping your pain? If so which one(s) and for how long? \_\_\_\_\_

12. Have you had (please circle)? **MRI's, C/T Scan's, or NCV's**, approximate date \_\_\_\_\_ and the results: \_\_\_\_\_

13. What actions can you take that temporarily decrease the pain? \_\_\_\_\_

14. What activities/movements increase/worsen your condition? \_\_\_\_\_

15. Is it worse in the morning or the evening? \_\_\_\_\_

16. What do you think will happen to you if you cannot find a solution to your pain/problem? \_\_\_\_\_

17. What are you hoping Dr. Roffler will tell you today? \_\_\_\_\_

18. Describe what will be different in your life if you can get better? \_\_\_\_\_

**List in Order of Importance all OTHER Health Problems/Concerns NOT including Your Main Problem Above:**

1. \_\_\_\_\_ How Long? \_\_\_\_\_
2. \_\_\_\_\_ How Long? \_\_\_\_\_

**Due to your Main Problem:**

Have you lost time from work? **YES / NO** How much time and what have you been unable to perform? \_\_\_\_\_

Have you lost time from your obligations at home? **YES / NO** How much time and what tasks have been limited? \_\_\_\_\_

Have you lost any time from the family? **YES / NO** How much time and if so what? \_\_\_\_\_

Have you lost any time from enjoying your Leisure activities (Hobbies, Travel, Sports, etc.)? **YES / NO** How much time and which activities? \_\_\_\_\_

**On a Scale of 0 – 10 (10 being unbearable, 0 being No Pain) Please rate the following:**

The HIGHEST your pain gets WITHOUT medication \_\_\_\_\_    The LOWEST your pain gets WITHOUT medication \_\_\_\_\_

The HIGHEST your pain gets WITH medication \_\_\_\_\_    The LOWEST your pain gets WITH medication \_\_\_\_\_

**IS THERE ANYTHING ELSE YOU WANT Dr. Roffler to know about your condition?** \_\_\_\_\_

**Activities of Daily Living** — How does this condition currently interfere with your life and ability to function?

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Sitting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rising out of chair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grocery shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lifting objects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reaching overhead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Showering or bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Love life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting to sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yard Work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Initial Each \_\_\_\_\_ If I am a candidate for Non-surgical spinal decompression, I instruct Dr. Roffler to deliver the care that, in his professional judgement, can best help me in the restoration of my health condition.

\_\_\_\_\_ I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

\_\_\_\_\_ I understand that all services are due and payable at the time of service, unless other arrangements have been made.

\_\_\_\_\_ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern(s).

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Patient (or Guardian) Signature

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Date (MM/DD/YYYY)

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Doctor Initial

DOCTOR COMMENTS ONLY

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